

CONSTANCE WASHBURN M.A.
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P.O. Box 397, Lagunitas CA 94938

PROFILE Dynamic, innovative non-profit leader, facilitator, educator and program designer with over 35 years of experience. Brings diverse groups of people together to create a common vision. Focuses on collaborative efforts to create programs that meet organizational needs and inspire participants. Facilitates deep learning and creative problem solving processes.

Accomplishments include:

- ❖ Designed, initiated, and managed seven successful education programs.
- ❖ Founded and/or managed six non-profit & community organizations.
- ❖ Generated substantial funding from private and public sectors.
- ❖ Designed and managed two productive volunteer programs.
- ❖ Produced and raised funds for hundreds of public events.
- ❖ Designed and ran two training programs for school teachers

Key strengths in:

Program design & delivery	Organizational management/direction
Motivational leadership	Community building
Workshop facilitation/training	Grant writing & fundraising
Meditation & Yoga instruction	Public speaking

PROFESSIONAL EXPERIENCE

- 2013-
2017 **Independent Consultant**
Curriculum Development, Program Designer and Leader.
*Insight Garden Program at San Quentin, Conscious Elders Network
Bay Area Green Tours, Bolinas Museum, Go Wild Institute*
Educational Consultant;
Marin Environmental Literacy Collaborative
Workshop Facilitator, Meditation Instructor and Retreat Leader;
Work That Reconnects, Conscious Elders Network, JFK University
- 2012-
2013 **Education Director, Marin Organic, Point Reyes Station Ca.**
Transitioned the youth Farm Field Studies Program started at MALT to Marin Organic. Redesigned program, trained staff and volunteers, fundraised and reestablished that program as well as adult education and outreach programs.
- 1995 to
2012 **Education Director, Marin Agricultural Land Trust (MALT), Point Reyes, Ca.**
Started MALT's public education and outreach programs which substantially increased MALT's membership and raised awareness and understanding of local agriculture. Thousands of people participate in programs each year.
- ❖ Educational Tours Program – Over 30 tours a year on farms and ranches
 - ❖ Public talks 4 times a year by local and national speakers - Temple Grandin, Woody Tasch, Bill McKibben, Paul Hawken
 - ❖ Farm Field Studies Program – Over 1,800 students on 50 visit farms
 - ❖ Public Events – Designed and produced 2 to 3 large events a year -
 - ❖ Sponsorship Program - Raised public and private funds for ag education

Professional Experience continued

- 1998 to 2006 **Chair and Co-Founder, *Marin Agriculture and Education Alliance (MAEA)***
Formed multi-organization alliance which created a shared vision for agriculture and education and initiated countywide educational and agricultural support programs. Raised grant funds from foundations and County to support programs.
- ❖ Agriculture & Education Forum – Created vision and strategies for Marin
 - ❖ Marin Agricultural Institute for Teachers – Designed Teacher Training program and delivered to over 200 teachers
 - ❖ Farm Field Study Program for Schools– Designed program and curriculum
 - ❖ Marin Food Systems Project – Wrote grants to support project
 - ❖ Education Farm Feasibility Study – Resulted in creation of Indian Valley College Farm
- 1997 to Present **Member of Marin Food, Farming, and Educational Organizations**
Marin Food Policy Council - Marin Food Systems Project - Marin Economic Commission - Indian Valley Farm Advisory Committee - Devil's Gulch Ranch Educational Services - Northern California Slow Money - Healthy Eating and Active Living (HEAL) Policy Committee
- 2006 to 2009 **Adjunct Professor – *Dominican University , San Rafael, Ca.***
Designed and taught course on sustainable food systems and local agriculture
- 2007 to 2010 **Workshop Leader and Presenter – *Land Trust Alliance Rally , USA***
Led workshops on education, community building, and the Work That Reconnects for national and international land conservation leaders.
- 1987 to 1999 **Chair and Co-Founder, *San Geronimo Valley Community Alliance, Ca***
Co-founded organization to provide after school care, recreational and artistic programs for children, teens and adults in the San Geronimo Valley. Acted as Board Chair, childcare coordinator, grant writer, and camp director.
- ❖ Wrote by-laws and formed board of directors
 - ❖ Built broad community support and inter-agency cooperation
 - ❖ Started two licensed childcare programs and a summer camp
 - ❖ Initiated a community wide needs assessment
 - ❖ Chaired the Child Care Taskforce

EDUCATION & TRAINING

M.A., Education/Theater (*double major*), New York University, 1976

B.A., Child Development/Drama (*double major*), Hampshire College, 1974

Non-profit management certificate, Hartford Foundation, 1981

Secondary school teaching credentials (*permanent*), New York and Massachusetts

Permaculture Design Certificate, Regenerative Design Institute, Bolinas CA 2007

Certificate – Ulab MITx – Transforming business, society, and self.

**MEDITATION - Spirit Rock Meditation Center - Dedicated Practitioners Program 2005-07
Community Dharma Leaders Program 2013-14 - Sukhasiddhi Foundation**

I began a meditation practice at the Zen Center in NYC in 1968. I have studied with Jack Kornfield and many other Spirit Rock teachers while on yearly retreats since 1984. I have studied in India with Christopher Titmus and I have been a student of Lama Palden's since 2002 practicing and recently completed her Community Dharma Leader Training.

FACILITATION - The Work that Reconnects - Facilitator Intensives 1998, 2010, 2012

As a facilitator of the Work that Reconnects I bring many years of environmental work and spiritual work together with my love of theatre and social change. My early training in 1972-73 as a Rebirther taught me to trust the process of emotional release and healing needed for this work. I also trained in collaborative leadership at the **Interaction Institute for Social Change** and with **Starhawk's** group facilitation training, 2013.

LEADERSHIP & COACHING - Ecology of Leadership - Regenerative Design Institute - 2008 -2009 Center for Whole Communities, Whole Thinking Retreat 2003 - Coaching Training Institute - 2014 - Certificate - Ulab MITx - Transforming business, society, and self. Exploring leadership and the intersection of social and personal change has been an exciting process. I studied with James Stark and Christopher Kuntzsch at the Regenerative Design Institute. I also had the good fortune to train at the Vermont at the Center for Whole Communities. To deepen my work with groups I have trained as a coach and online with Ulab.

DIVERSITY - Hartford Stage Company & Youth Theatre Unlimited and the Performance Workshop 1976-83, Healing the Wounds of Racism using the Work That Reconnects at JFK University 2016 with Mutima Imani.

Spending 6 months in East Africa and South Africa in 1972 opened my eyes to the issues of racial discrimination both in Africa and at home. The two theatre companies I ran in Connecticut were multi-racial in both management and artistic staff as well as the student body. We brought in trainers to help us work effectively and compassionately with our diverse populations. I taught at JFK University with Mutima Imani a Diversity Training.

DESIGN - Permaculture Design Certificate - Regenerative Design Institute - 2007

Permaculture design uses whole systems thinking to build sustainable communities and healthy environments through wise and creative use of our earth's resources and human ingenuity.

NATIVE SPIRITUALITY - Moon Lodge Women's Ritual Circle -co-leader 1993- to present

In 1978 I began exploring shamanic traditions with **Michael Harner** and completed **Angeles Arrien's Four Fold Way** training in 1991. In 1993 I joined a moon lodge group which continues to create ceremony and rituals honoring the transitions of life and our inner journeys.

YOGA - Mindful Body Teacher Training - 200 hour training 2013 - Yin Yoga training 2016

I have practiced Ashtanga in Point Reyes since 2001. I practiced Iyengar with Nancy Taylor for 15 years. As an acting teacher for eight years I used movement and body awareness as the foundation of my classes. I focus on teaching yoga as a mindfulness practice and work gently with students to build strength and awareness.

PERSONAL INFORMATION AND INTERESTS

Two sons aged 30 and 32 Enjoy dancing, theatre, gardening, art making, yoga, hiking and camping. I have traveled extensively and lived in Africa, Europe, Southeast Asia, Bhutan, Nepal and India for extended periods of time. Languages; French, some Spanish.