

CONSTANCE WASHBURN

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P.O. Box 397, Lagunitas CA 94938

PROFILE Dynamic, innovative non-profit leader, facilitator, educator and program designer with 35 years experience. Brings diverse groups of people together to create a common vision. Focuses on collaborative efforts to create bridges between public and private sectors. Facilitates creative problem solving and program design processes. Expertise in sustainable food systems and “ Work that Reconnects”.

Accomplishments include:

- ❖ Designed, initiated, and managed seven successful education programs.
- ❖ Founded and/or managed six non-profit & community organizations.
- ❖ Generated substantial funding from private and public sectors.
- ❖ Designed and managed two productive volunteer programs.
- ❖ Produced and raised funds for hundreds of public events.
- ❖ Designed and ran two training programs for school teachers

Key strengths in:

Program design and innovation
Motivational leadership
Workshop facilitation/training
Food system education

Organizational management/ direction
Community building
Mission/ goals definition and visioning
Public speaking

PROFESSIONAL EXPERIENCE

- 2012-2013 **Education Director, Marin Organic, Point Reyes Station Ca.**
Transitioned the youth Farm Field Studies Program started at MALT to Marin Organic. Redesigned program, trained staff and volunteers, fundraised and reestablished that program as well as adult education and outreach programs.
- 1995 to 2012 **Education Director, Marin Agricultural Land Trust (MALT), Point Reyes, Ca.**
Started MALT’s public education and outreach programs which substantially increased MALT’s membership and raised awareness and understanding of local agriculture. Thousands of people participate in programs each year.
- ❖ Hikes and Tours Program – Over 30 tours a year on farms and ranches
 - ❖ Public talks by local and national speakers - Temple Grandin, Woody Tasch, Bill McKibben, Paul Hawken
 - ❖ Farm Field Studies Program – Over 1,500 students a year visit farms
 - ❖ Public Events – Designed and produced *Harvest Day at the Farm, Taste of Marin , Point Noir/ Marin County Wine Tasting*
 - ❖ Sponsorship Program - Raised business, foundation, and County support for education
- 1998 to 2006 **Chair and Co-Founder, Marin Agriculture and Education Alliance (MAEA)**
Formed multi-organization alliance which created a shared vision for agriculture and education and initiated countywide educational and agricultural support programs. Raised grant funds from foundations and County to support programs.

(MAEA) continued

- ❖ Agriculture & Education Forum – Created vision and strategies for Marin
- ❖ Marin Agricultural Institute for Teachers – Designed Teacher Training program and delivered to over 200 teachers
- ❖ Farm Field Study Program for Schools– Designed program and curriculum
- ❖ Marin Food Systems Project – Wrote grants to support project
- ❖ Education Farm Feasibility Study – Resulted in creation of Indian Valley College Farm

1997 to
Present

Member of Marin Food, Farming, and Educational Community Organizations

Marin Food Policy Council - Marin Food Systems Project - Marin Economic Commission - Indian Valley Farm Advisory Committee - Devil's Gulch Ranch Educational Services - Steering Committee Northern California Slow Money - Healthy Eating and Active Living (HEAL) Policy Committee

2006 to
2009

Adjunct Professor – Dominican University , San Rafael, Ca.

Designed and taught course on sustainable food systems and local agriculture

2007 to
2010

Workshop Leader and Presenter – Land Trust Alliance Rally , USA

Led workshops on education, community building, and the Work That Reconnects for national and international land conservation leaders.

1987 to
1999

Chair and Co-Founder, San Geronimo Valley Community Alliance, Ca

Co-founded organization to provide recreational and artistic programs for children, teens and adults in the San Geronimo Valley. Acted as Board Chair, childcare coordinator, grant writer, and camp director.

- ❖ Wrote by-laws and formed board of directors
- ❖ Built broad community support and inter-agency cooperation
- ❖ Started two licensed childcare programs and a summer camp
- ❖ Initiated a community wide needs assessment
- ❖ Chaired the Child Care Taskforce

1980-83

Executive Director - Youth Theatre Unlimited and the Performance Workshop, Hartford, CT

Increased funding and programming for this small multiracial theatre company. Started Artists-in-the-Classroom program, the adult Performance Workshop, and a teen touring theatre troop. Worked with inner city youth to build skills and provide jobs. Hired staff, produced shows, trained teachers, wrote grants, created outreach materials as well as taught acting , public speaking and improvisation.

EDUCATION & TRAINING

M.A., Education/Theater (double major), New York University, 1976

B.A., Child Development/Drama (double major), Hampshire College, 1974

Non-profit management certificate, Hartford Foundation, 1981

Secondary school teaching credentials (permanent), New York and Massachusetts

Permaculture Design Certificate, Regenerative Design Institute, Bolinas CA 2007

FACILITATION - The Work that Reconnects – facilitator trainings 1998, 2010, 2012

I have been studying with Joanna Macy since 1994 and consider her my primary teacher. As a facilitator of the Work that Reconnects I bring many years of environmental work and spiritual work together with my love of theatre and social change. My early training in 1972-73 as a Rebirther taught me to trust the process of emotional release and healing needed for this work. I also trained in collaborative leadership at the **Interaction Institute for Social Change** and with **Starhawk's** group facilitation training, 2013.

MEDITATION - Spirit Rock Meditation Center - Dedicated Practitioners Program 2005-07 – Community Dharma Leaders Program 2013-14 – Sukhasiddhi Foundation

I began a meditation practice at the Zen Center in NYC in 1968 while I was in High School. I have been blessed with many wonderful Dharma teachers. I have studied with Jack Kornfield and many other Spirit Rock teachers while on yearly retreats since 1984. I have studied in India with Christopher Titmus and I have been a student of Lama Palden's since 2002 practicing and studying in the Tibetan Buddhist tradition and am currently enrolled in her Community Dharma Leader Training.

LEADERSHIP - Ecology of Leadership – Regenerative Design Institute – 2008 -2009 Center for Whole Communities, Whole Thinking Retreat 2003

Exploring leadership and the intersection of social and personal change has been an exciting process. I studied with James Stark and Christopher Kuntzsch at the Regenerative Design Institute. I also had the good fortune to train with Peter Forbes in Vermont at the Center for Whole Communities.

NATIVE SPIRITUALITY - Moonlodge Women's Ritual Circle -co-leader 1993- to present

In 1978 I began exploring shamanic traditions with **Michael Harner** and completed **Angeles Arrien's Four Fold Way** training in 1991. In 1993 I joined a moonlodge group which has continuously met monthly to create ceremony and rituals honoring the transitions of life and our inner journeys.

YOGA - Mindful Body Yoga Teacher Training – 200 hour Ashtanga training 2013

The Mindful Body training with Maile Sivert and Caroline Kelley gave me the opportunity to deepen my practice and expand my understanding of the philosophical and well as physical aspects of yoga. I have practiced Ashtanga regularly at Yoga Toes Studio in Point Reyes since 2001. I practiced Iyengar with Nancy Taylor in San Geronimo Valley for 15 years. As an acting teacher for eight years I used movement and body awareness as the foundation of my classes. I focus on teaching yoga as a mindfulness practice and work gently with students to build strength and awareness.

DESIGN – Permaculture Design Certificate – Regenerative Design Institute – 2007

Permaculture design uses whole systems thinking to build sustainable communities and healthy environments through wise and creative use of our earth's resources and human ingenuity.

PERSONAL INFORMATION AND INTERESTS

Two sons aged 27 and 29. Enjoy dancing, theatre, gardening, art making, yoga, hiking and camping. I have traveled extensively and lived in Africa, Europe, Southeast Asia, Nepal and India for extended periods of time. Languages; French, some Spanish, a little Indonesian.